

Dance and Fitness sessions with Emma Hammond Theatre Academy



Thursdays

Mummy & Me Ballet - 10.15-11am (term time only)

Tolworth Children's Centre

Explore music and dance, fun props and games.

Age 16 months to 2 ½ years £5.00 per child – drop in session.

Adult Dance Fitness – 11.15-12pm (term time only)

Tolworth Children's Centre

A gentle dance and fitness class for mums to enjoy with their children.

No previous dance experience necessary. £5.00 per adult – drop in

Hip Hop Jazz - 3.30-4pm (term time only)

Chessington Children's Centre

Learn cool funky moves in our street jazz for kids class.

Ages 2 ½ to 5 years. £5.00 per child – drop in session

Introduction to Ballet – 4.00-4.30pm (term time only)

Chessington Children's Centre

Class for children 3-6 years. Learn the basics of ballet, develop dance technique, stamina, creativity and musicality. £5.00 per child – drop in

Fridays

Introduction to Ballet – 11-11.45pm (term time only)

Chessington Children's Centre

Class for children 2-4 years. Learn the basics of ballet, develop dance technique, stamina, creativity and musicality. £5.00 per child – drop in session



**achieving
for children**